



[www.BokSmart.com](http://www.BokSmart.com)



## Serious Injury Report Form

***A serious and/or catastrophic injury is defined as any head, neck, spine, or brain injury that is life-threatening, or has the potential to be permanently debilitating and results in the emergency admission of a rugby player to a hospital or medical care centre.***

### WHAT TO DO!

- Record the details as accurately as possible regarding the player, the injury, and the relevant contact person from the school, club or team in the spaces below
- Within **48 hours of the injury**, either Fax or Email the completed report to the Serious Injury Case Manager, **Mrs. Gail Baerecke – Cell: 0728903538, e-mail: [manager@playersfund.org.za](mailto:manager@playersfund.org.za), fax: 021 659 5653**
- The Serious Injury Case Manager will then inform SARU's Senior Manager: Medical, SARU's Senior Manager: Rugby Safety, and also the relevant Provincial union

# 1. PLAYER (PRINT CLEARLY)

Forenames:

Surname:

Date of birth:  /  /  Age:

Known as (Nickname):

ID Number

Address:

Contact Number:

Next of Kin:

Contact Number:

Rugby Club/School/Team:

Playing Position:

## 2. INJURY (PRINT CLEARLY)

Date of Injury:

/  /

At Time:

Injury Occurred During:

Match

Training

If "training" then during: Rugby skills training, full contact

Rugby skills training, semi-contact

Rugby skills, non-contact

Site of Injury:

Head

Neck

Spine

Chest/Trunk

Other (specify)

Event Causing:

Collision

Maul

Scrum

Ruck

Collapsed maul

Collapsed scrum

Tackling (behind)

Tackling (front)

Tackling (side)

Tackled (behind)

Tackled (front)

Tackled (side)

Lineout

Kicking

Running

Other(specify)

Time of Injury:

Warm-up

0-20 min

21-40+ min

41-60 min

61-80+ min

Cool-down

Was the Player Wearing:

Mouth Guard

Shoulder Pads

Head Guard

**Tick all Applicable**

Provide a brief description of how the injury occurred:

Did the player leave the field at any time?

Yes

No

Did the player return to the field at any time?

Yes

No

## 2. INJURY (PRINT CLEARLY) - CONTINUED

Who provided on-field treatment?

Doctor

Physiotherapist

Biokineticist

Emergency Service Medic

Rugby Medic

First Aid

Coach

Referee

Team Official

Other(Specify)

Name of treatment provider:

Contact Number:

What treatment was provided if any:

How did the player leave the field? On his own

Assisted

Spinal Board

Stretcher

Ambulance

Helicopter

Other (Specify)

What hospital/medical facility was he/she taken to:

Contact Number:

Who accompanied the player:

Contact Number:

### 3. MATCH (PRINT CLEARLY)

Teams Involved In The Match:

VS:

Competition:

Provincial Union:

Level/Grade:   
(e.g.U19, Super A Club league)

Referee:

Contact Number:

Venue Address:

Field Conditions:

Weather Conditions:

Was the game suspended at any time due to the injury? Yes  No

If yes, then for how long was it suspended?  min

Did the game restart? Yes  No

Is there any video footage of the game available? Yes  No

**If yes, please retain the video footage until contacted by SA Rugby!**

#### 4. CLUB CONTACT (PRINT CLEARLY)

Forenames:

Surname:

Position at Club:

Contact Number Cell:

Contact Number Work:

Contact Number Home:

Address:

Signature: \_\_\_\_\_

Date:

#### 5. PROVINCIAL UNION BOKSMART COORDINATOR CONTACT DETAILS:

Union BokSmart Representatives					
UNION	REPRESENTATIVE	MOBILE	OFFICE	FAX	EMAIL
<b>Boland</b>	Cliffie Booysen	0829950117	021 8732317	021 8734823	<a href="mailto:cliffie@bolandrugby.co.za">cliffie@bolandrugby.co.za</a>
<b>Border</b>	Sindile Mayende	0842614864	043 7435998	043 7436613	<a href="mailto:sindile@borderrugby.co.za">sindile@borderrugby.co.za</a>
<b>Blue Bulls</b>	Kosie Horn	0824995095	012 4200709	086 5940034	<a href="mailto:kosie@bluebull.co.za">kosie@bluebull.co.za</a>
<b>SWD Eagles</b>	Martin de Vos	0734442551	044 8730137	044 8730405	<a href="mailto:martin@swdeagles.co.za">martin@swdeagles.co.za</a>
<b>EP Kings</b>	Neville Jonas	0739602470	041 4088922	086 7432977	<a href="mailto:neville@eprugby.co.za">neville@eprugby.co.za</a>
<b>Free State</b>	Selvyn Colby	0827722332	051 4071702	051 4071791	<a href="mailto:scolby@fsrugby.co.za">scolby@fsrugby.co.za</a>
<b>Griquas</b>	Kat Swanepoel	0828223770	011 9752822	086 7588402	<a href="mailto:Refs@gwrugby.co.za">Refs@gwrugby.co.za</a>
<b>Griffons</b>	Steps (Stefan) Pretorius	0728310998	057 3526482	086 6862018	<a href="mailto:chellas7@yahoo.com">chellas7@yahoo.com</a>
<b>Leopards</b>	Henry Stewart	0845876369	018 2975304	018 2971657	<a href="mailto:stewart@leopardsrugby.co.za">stewart@leopardsrugby.co.za</a>
<b>Lions</b>	Timmy Goodwin	0828508707	011 4022960	086 6862018	<a href="mailto:timmy@glru.co.za">timmy@glru.co.za</a>
<b>Pumas</b>	Hendry Matonsi	0823595907	013 6562647	086 5249906	<a href="mailto:hendry@pumas.co.za">hendry@pumas.co.za</a>
<b>Sharks</b>	Archie Sehlako	0823847787	031 3088426	031 3129197	<a href="mailto:archie@thesharks.co.za">archie@thesharks.co.za</a>
<b>Valke</b>	Alfred Ross	0824573278	016 9762112	016 9762034	<a href="mailto:aross@icon.co.za">aross@icon.co.za</a>
<b>WP</b>	Ben Theron	0832693590	021 6594502	021 9592336	<a href="mailto:BTheron@wprugby.co.za">BTheron@wprugby.co.za</a>